

Strawberry Peach Popsicles

By: Andrea | Cooking with a Wallflower

Ingredients:

2 cups strawberries, chopped
2 cups peaches, chopped
Sweeteners of choice, as needed

Yields: 4 popsicles

Directions:

Chop up the strawberries and peaches until you have about 2 cups of each.

Place the chopped strawberries into a blender, and blend until it becomes smooth. Add sweeteners as needed. Pour the blended strawberries into the Popsicle mold, to around halfway. Set aside for now.

Next, add chopped peaches into a blender, and blend until it becomes smooth. Add sweeteners as needed. Pour the blended peaches into the Popsicle mold over the strawberries until it almost reaches the top.

Cover the Popsicle mold with the lids and insert Popsicle sticks if needed.

Place the Popsicle mold into the freezer for at least 8 hours or until the Popsicles are firm.

Remove the individual Popsicles from the mold by allowing them to sit at room temperature for several minutes or by running it through lukewarm water. The Popsicles will loosen up and can be removed.

Serve the Popsicles cold.

Enjoy!