

Frozen Strawberry Peach Yogurt Cups

By: Andrea | Cooking with a Wallflower

Ingredients:

3/4 - 1 cup honey yogurt (or Greek)
1/2 cup peaches, diced
1/2 cup strawberries, diced

Yields: 12 mini frozen yogurt cups

Directions:

Dice the peaches and strawberries until you have a 1/2 cup of each.

In a medium size bowl, add the yogurt and the diced fruits. Mix until all the ingredients are evenly incorporated. Reserve a few of the diced fruits to add to the top of the yogurt cups.

Line a mini muffin tin with cupcake/muffin liners.

Spoon the strawberry and peach yogurt mixture into each of the muffin liners.

Place the muffin tin into the freezer. Allow the strawberry and peach yogurt cups to solidify for about 1 1/2 - 2 hours.

Serve the frozen yogurt cups cold.

Enjoy!