

Frozen Honey Greek Yogurt Dipped Strawberries

By: Andrea | Cooking with a Wallflower

Ingredients:

1 pound strawberries
½ cup plain Greek yogurt
1 ½ tablespoons honey
Sprinkles (optional)
Chocolate chips, melted (optional)

Yields: 20 – 24 strawberries

Directions:

Line a freezable container with parchment paper.

Wash the strawberries thoroughly and allow them to dry.

In a medium sized bowl, add plain Greek yogurt and honey. Stir until the honey is incorporated evenly in the Greek yogurt. The honey Greek yogurt mixture will look smooth and creamy.

Individually dip the strawberries in the honey Greek yogurt so that the yogurt will cover ½ to ⅔ of the strawberry.

Place the strawberries onto the parchment paper.

Decorate with sprinkles if desired.

Place the strawberries in the freezer for about 1 – 1½ hours until the yogurt has solidified but is still soft.

Remove the strawberries from the freezer. Decorate with melted chocolate if desired.

Serve immediately. Enjoy!